#### Arianne Díaz

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## **EDUCATION**

# Hunter College, The City University of New York

 Bachelor of Arts in Human Biology; Minor in Africana and Puerto Rican/Latino Studies; Thomas Honors Program

# York College, The City University of New York

• Masters of Sciences in PA Studies

#### **SKILLS**

• Fluent in Spanish

## **CLINICAL ROTATIONS**

#### JANUARY - DECEMBER 2024

# **PEDIATRICS, Premier Pediatrics**

Jan 02, 2024 – Feb 02, 2024

- Conducted focused physical exams on pediatric patients at an outpatient pediatric clinic
- Calculated accurate, weight-based medication dosages for safe and effective treatment
- Performed venipuncture and administered intramuscular and intradermal injections

# INTERNAL MEDICINE, New York Presbyterian Queens

Feb 05, 2024 – March 08, 2024

- Conducted thorough chart reviews and medical reconciliation
- Assisted in procedures including in lumbar punctures, venipuncture, and arterial blood gas collection
- Interpreted lab results to contribute to treatment plans

#### AMBULATORY CARE, Nao Medical

March 11, 2024 - April 12, 2024

- Performed point of care tests to support diagnosis and management of common outpatient conditions
- Conducted routine physical exams and assisted in completing school physical forms
- Drew up medications and administered intramuscular injections

### PSYCHIATRY & BEHAVIORAL HEALTH, NYC H+H/Elmhurst

April 15, 2024 – May 17, 2024

- Participated in grand rounds alongside physicians, residents, social workers, and nursing staff to review overnight events and discuss acute changes in patient status
- Observed and assisted in conducting patient interviews

## SURGERY, NYC H+H/Woodhull

May 20, 2024 – June 20, 2024

- Scrubbed into surgical cases and supported the surgical team with suturing, stapling, and transporting patients to recovery
- Evaluated patients in surgical specialty clinics including general surgery, breast, and vascular

## FAMILY MEDICINE, Loveena Singh, MD

June 24, 2024 – July 25, 2024

• Provided counseling on lifestyle modifications, including hypertension, diabetes, and hyperlipidemia management, as well as exercise recommendations

## OBGYN/WOMEN'S HEALTH, NYC H+H//Woodhull

August 27, 2024 - September 27, 2024

- Performed pelvic and bimanual exams; collected specimens for routine and non-routine screening
- Assisted in cesarean sections and natural spontaneous vaginal deliveries
- Worked along-side physician assistants to evaluate gynecologic consults during on-call days

#### LONGTERM CARE/GERIATRICS, Gouverneur SNF

September 30, 2024 – November 01, 2024

- Provided care to patients with complex medical issues including breast cancer, prostate cancer, and pancreatic cancer
- Helped manage care for bed-bound patients and patients with severe cognitive decline

#### EMERGENCY MEDICINE, NYC H+H/Woodhull

November 04, 2024 – December 06, 2024

- Independently performed procedures such as venipuncture and running IV lines
- Interpreted diagnostic imaging and laboratory studies including x-rays and EKGs

#### WORK EXPERIENCE

Medical Scribe | CityMD

June 2020 – June 2022

Brooklyn, New York

- Performed documentation in an electronic health record
- Facilitated POC examinations

**Private Tutor** 

September 2013 – Present

Brooklyn, New York

- Provided exam prep for city wide English, Math and Science exams for grades K-9
- Developed detailed lesson plans to target individual child's academic weakness
- Used alternate methods to solve problems to enhance understanding of topics

## **LEADERSHIP & VOLUNTEER WORK**

## **NYSSPA Alternate Student Director**

May 2023 - July 2024

New York, NY

- Collaborated with other student directors to create comprehensive monthly board reports chronicling our activities and initiatives for the month
- Organized a database of NYSSPA student representatives from various Physician Assistant Programs across New York Sate
- Regularly attended monthly meetings to participate in discussions regarding NYSSPA events, plan of action, etc.
- Promoted NYSSPA membership amongst pre-PA and PA students

## Research Assistant | Bellevue Hospital Center

Dec 2019 - June 2022

New York, NY

- Recruited parents from Bellevue Hospital's Pediatric Inpatient Service for research study "Parent Understanding of Discharge Instructions"
- Kept study files updated and organized
- Assisted with other research-related tasks, including performing computer literature searches and requesting relevant articles for review
- Assisted with translation and other needs of medical staff

#### Physician Assistant Shadow | Kingsbrook Jewish Medical Center

May 2019 – August 2019

Brooklyn, New York

- Assisted in wound care and dressing changes
- Translated and relayed information between Spanish-speaking patients and staff
- Rounded with the surgical team, present medical topics, and observed general surgery cases in the operating room

## **CERTIFICATIONS**

• Certified Phlebotomy and Electrocardiogram Technician

March 2019 – May 2023

• Certified in Basic Life Support

May 2021 – August 2025

• Certified in Advanced Life Support

Aug 2023 – Aug 2025

#### REFERENCES

Available upon request